



Step by Step - Early Years



Step by Step Early Years is a 9 week course for parents/carers of children aged from 2 – 5 years.

This course supports the establishment of loving positive relationships between parents and their children.

The programme aims to: promote positive home/pre-school setting links, develop effective listening and communication skills, teach parents the importance of play, praise and self esteem, show parents how to recognise stress in themselves and their children, give parents strategies for managing difficult situations, give parents an understanding of their child's behaviour and promote effective positive behaviour management strategies.

Wednesday 24 April

Park Pavilion, Harwich

09.30am-11.30am

For more info or to book a place contact EXTRA on **01255 475001** or



Email: admin@extrasupportforfamilies.co.uk

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